

# REGULATION TRAINING FOR EARLY CARE

## VIRTUAL REGULATION TRAINING

(1.5 HOURS - VIRTUAL)

- » Supports early educators to recognize and address their own stress and trauma.
- » Offers a better understanding of the stress response in the developing brain, as well as learning developmentally-appropriate regulation strategies for infants and young children.
- » Co-regulation strategies for adults and children, including resources to collaborate with parents and caregivers to extend practices into the home.

## VIRTUAL REGULATION TRAINING DATES

**July 20** | 6-7:30 p.m.  
- English -  
**↑ REGISTER TODAY!**

**July 22** | 6-7:30 p.m.  
- English -      - Spanish -  
**↑ REGISTER TODAY!**      **↑ REGISTER TODAY!**

**July 28** | 6-7:30 p.m.  
- English -  
- Hmong *upon request* -  
**↑ REGISTER TODAY!**

## IN-PERSON REGULATION KIT TRAINING

(1 HOUR, IN-PERSON/OUTDOOR EVENT | 8901 W. CAPITOL DR. MILWAUKEE)

Training will run from 5-8:30 p.m. Participants are asked to attend one 1-hour session within that time frame.

- » Learn regulation strategies in a hands-on format at a series of learning stations.
- » To promote the use of strategies in the classroom for infants and young children, each participant in both trainings offered will receive:
  - » A resource book filled with tips and strategies.
  - » A kit full of useful tools to use in the classroom.

August 12, 2021 | 5-8:30 p.m. | Attend one 1-hour session

*(Sign-up link will be sent to you upon completion of regulation training.)*

Session #1: 5-6 p.m.

Session #2: 6:15-7:15 p.m. (Spanish interpretation provided.)

Session #3: 7:30-8:30 p.m. (Spanish interpretation provided.)

Available to early childcare educators or administrators who work in the following zip codes: 53204, 53206, 53209, 53210, 53212, 53215, 53216 and 53218.

Registry credit will be offered for both training options.

Offered by SaintA in partnership with 4C for Children and Milwaukee Civic Response Team.



SaintA

TRAINING  
SaintA.org/training